



School Success: Inspire Motivation and Engagement

This is an introduction to the concept of growth mindset and its importance to motivation. We will also examine incentives versus intrinsic motivation and how to elicit true engagement.

Key Takeaways:

1. Develop family support by understanding your teen's needs and your role.
2. Set routines with consistency and flexibility.
3. Nurture authentic engagement in learning with a growth mindset; prioritize effort over outcomes.
4. Promote independence by letting go.
5. Develop a productive home-school connection through sharing information and asking questions.

