



Manage Screen Time: End the Power Struggles

Online Resources:

- Digital Well Being App for Android: <https://bit.ly/2RwvL7S>
- Apple Digital Well Being Information: <https://tcn.ch/2LXKBgX>
- Google Router: https://store.google.com/us/product/google_wifi?hl=en-US
- Disney Circle: <https://meetcircle.com/>
- Forest App: <https://www.forestapp.cc>
- Donut Dog App: <https://donutdog.club>

