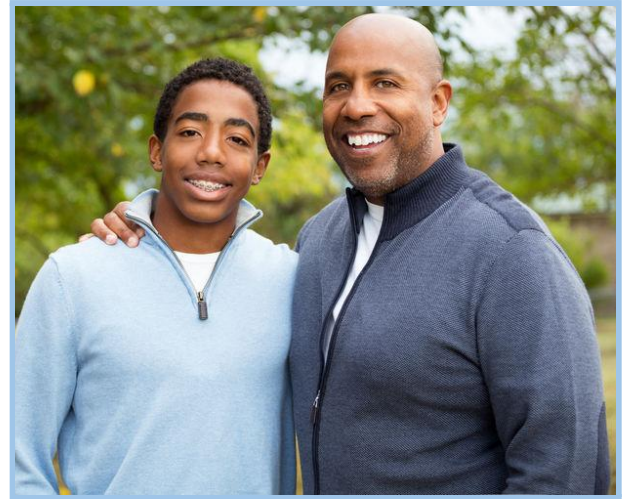




Remember It's not THE talk BUT a Conversation for a Lifetime

Tips for Engaging

- Focus on who your child is and not what they do
- Encourage your child to make their own decisions
- Share direct information no matter gender or sexual orientation
- Start talking early and continue the conversation
- Know that you influence your child's decisions
- Avoid assumptions and overreacting
- Offer resources to supplement conversations
- Find teachable moments
- Be approachable and identify others your child can go to
- Focus on the benefits of knowledge and not on negative consequences
- Offer clear and undeniable unconditional love



Be sure to talk about all aspects of sex and sexuality

- Physical anatomy
- Emotional health
- Peers and media
- Intimacy
- Health and safety

Prompts for conversation:

Have you thought about having sex?

Is sex something that you want? Do you think it's what your partner wants?

What does being safe mean to you?

How do you know if someone else wants to have sex?

What does consent look like to you?

Has anyone made you feel uncomfortable in a sexual way?

